

Tidsskjema Søndag 6. september 2026						
	Løp	Klasse	Spyd	Høyde	Tresteg	Slegge
10:00			J13 (12)	J14 (5)	G14 (7)	G13 (6)
10:05						
10:10						
10:15						
10:20	200mhk (68/16)	J13 (9)				
10:25		J13				
10:30						
10:35	200mhk (76,2/16)	J14 (9)				
10:40	200mhk	J14				
10:45						J14 (6)
10:50	200mhk (76,2/18,29)	G14 (8)				
10:55					J14 (7)	
11:00	200mhk (68/18,29)	G13 (8)				
11:05						
11:10			G14 (10)	G13 (6)		
11:15	60m	J13 (11)				
11:20	60m	J13				
11:25						
11:30						J13 (9)
11:35	60m	J14 (20)				
11:40	60m	J14				
11:45	60m	J14				
11:50						
11:55	60m	G13 (12)				
12:00	60m	G13				
12:05						
12:10	60m	G14 (22)		J13 (12)		
12:15	60m	G14	J14 (8)		G13 (5)	
12:20	60m	G14				
12:25						
12:30	60m	J13 Finale				
12:35						
12:40						G14 (5)
12:45	60m	J14 Finale				
12:50						
12:55						
13:00	60m	G13 Finale				
13:05					J13 (11)	
13:10			G13 (12)			
13:15	60m	G14 Finale				
13:20				G14 (11)		
13:25						
13:30						
13:35	1500m	J14 (10)				
13:40						
13:45						
13:50	1500m	G13 (10)				
13:55						
14:00	1500m	J13 (8)				
14:05						
14:10	1500m	G14 (8)				
14:15						
14:20	Stafett	8x200m				
14:25						
14:30	Avslutning					